

Avondale Meadows Middle School Vision Academy May 2024



Weekly Breakfast Menu
 Monday – Sausage Egg Bagel
 Tuesday- Benefit Bar
 Wednesday – Sausage Pancake Wrap
 Thursday- Yogurt and Granola Bar
 Friday- Apple Frudel

Turkey and Cheese Sandwich or Chef Salad offered at lunch daily. All salads can be made vegetarian. *Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Blueberry Waffles 3 oz Turkey Sausage 3oz Chicken Tenders 3 each Tater Tots ½ cup Mixed Vegetables ½ cup Orange Slices ½ cup	2 Crispy Chicken Sand 1 each Corn Dog 1 each Baked Beans ¾ cup Fresh Cucumbers ½ cup Diced Peaches ½ cup	3 Turkey Cheese Wrap Mixed Salad ¾ cup Cherry Tomatoes ½ cup Apple 1 each
6 Buffalo Chicken Mac & Cheese 6 oz BBQ Rib Sandwich 1 each Mixed Salad ¾ cup Carrots and Ranch ½ cup Diced Peaches ½ cup	7 Walking Tacos 2oz Popcorn Chicken 12 each Lettuce-Tomatoes 1/8 cup Black Beans ¾ cup Orange Slices ½ cup	8 Chili Dog 3 oz Crispy Chicken Sand 1 each French Fries ½ cup Glazed Carrots ½ cup Fresh Pear 1 each	9 BBQ Chicken Sand 1 each Cheeseburger 1 each Green Beans ½ cup Coleslaw ½ cup Applesauce ½ cup	10 Chef Salad Broccoli ½ cup Whole Apple 1 each
13 Cheese Pizza 1 Slice Spicy Chicken Sand 1 each Baked Beans ¾ cup Fresh Carrots ½ cup Fruit Cocktail ½ cup	14 Chili Cheese Nachos 2 oz Bosco Sticks 2 each Corn ½ cup Broccoli ½ cup Fresh Apple 1 each	15 Pork Rib Sandwich 1 each Chicken Biscuit Sweet Potato Fries ½ cup Green Beans ½ cup Banana 1 each	16 Sloppy Joe Sandwich 1 each Chicken Tenders 3 each Baked Beans ¾ cup Fresh Carrots ½ cup Applesauce ½ cup	17 Cheeseburger Broccoli ½ cup Carrots and Ranch ½ cup Orange 1 each
20 Chicken Alfredo 6 oz Breadstick 1 each Corn Dog 1 each Sliced Cucumbers ½ cup Mixed Salad ¾ cup Apple Slices ½ cup	21 Chili Chicken Roll Up 2 each Popcorn Chicken 12 each Black Beans ¾ cup Fresh Carrots ½ cup Fresh Pear 1 each	22 Turkey Sausage 1.5 oz Cheese Omelet 2 oz Cheeseburger 1 each Hashbrown 1 each Mixed Salad ½ cup Diced Peaches ½ cup	23 Spicy Chicken Sand 1 each Carrots and Ranch 1/2 cup Broccoli ½ cup Strawberry Applesauce ½ cup	24
27	28	29	30	31